Acano mlada nevesto

(Macedonia)

Acana means "young bride."

Pronunciation: AHT-sah-noh MLAH-dah NEH-veh-stoh

Cassette:

Balkan Feast

Formation:

Open circle, hands joined in W-pos for slow part, V-pos for faster music.

Rhythm:

S Q Q Q Q 1 2 3 4 5

Meas

Pattern

PATTERN

Facing slightly R and moving in LOD, lift on L (ct 1); step on R in LOD (ct &); lift on R (ct 2);

step on L fwd in LOD (ct 3); step on R fwd in LOD (ct 4); step on L behind R (ct 5).

Facing ctr, lift on L (ct 1); step back form ctr on R (ct &); lift on R (ct 2); step bkwd on L

(ct 3); step bkwd on R (ct 4); step on L across R (ct 5).

Repeat dance from the beginning.

Presented by Michael Ginsburg